Titus 2:1

1 But this is a contrast as for you as opposed to the legalists that he was talking to earlier in the chapter, this gets personal this is no longer referring to false teachersseems Paul could see the difference Titus is instructed about those false teachers, but his focus is now directed towards his own conduct teach....I guess there could be debate over what teaching means...eq quoting Francis of Assisi quote.... It implies people will not just "get it" without it being taught this is not pedagogue - "to instruct" but "teach out" Say / speak / proclaim/speak/say/teach in contrast to Tit 1:11, they must be silenced, but you should speak the Bible is the Word of God, yet there is a need for people to proclaim what it says What accords fits with consistent with/as is proper with sound three times mentions this word in this chapter v1, v2, v8 healthy for the church uncorrupt, root to english word hygiene, clean, healthy to the church. Contrast to Titus1:15 speaks of nothing is pure, minds defiled etc. - The New Living Translation has "Promote the kind of living that reflects right teaching." **doctrine**our lives should back up our teaching in the context of the next few verses, can we infer that "sound doctrine" is more than just true declarations, but also necessarily comprises and encourages right conduct?.

Teaching, instruction The word "sound" implies that true doctrine preserves and promotes spiritual health, unlike false doctrine, which destroys spiritual vitality and spreads infection "like gangrene doctrine. It appears sound doctrine is about building up and destroying for no reason

Overarching point:

There are some things that benefit a healthy church. Teach those things.

What the text preaches about the nature and character of God:

 God desires the church to be healthy and has appointed certain people to bring it to health

What the text preaches to me (my response to who God is):

- I should evaluate my spiritual health. Admit, Pray, Trust, Act and Thank

What the text preaches to us (what is the church's response to who God is):

- Commit to the spiritual health of each other.

What the text preaches to our culture:

- There is "health" that is different from physical and mental health. The spiritual matters.

Connect to Jesus is the only way to spiritual health.