

# THREE YEARS FROM NOW

## Finding Contentment in God

### *Philippians 4:10-13*

#### **Opening Question:**

- If you could instantly change one thing about your life to make you more content, what would it be and why?

#### **General Observation:**

- What stood out to you most about the concept of contentment as discussed in the sermon?
- It was mentioned about Paul's experiences in prison. How do you think these circumstances affected Paul's perspective on contentment?

#### **Understanding the Message:**

- The sermon discussed the Doctrine of Providence. What are the three main aspects of this doctrine, and how do they relate to contentment? (*Remember that we reject the idea that God controls every part of life, instead, everything that happens is because either God has caused it, or God has permitted it*)
- In Philippians 4:11-12, Paul says he has "learned the secret" of contentment. What do you think this secret might be, based on the sermon?
- How did we interpret Philippians 4:13, "I can do all things through him who strengthens me"? From your experience, is this different from how you've previously understood it?

#### **Personal Application:**

- The sermon ended with the question: "Are you content with what God has given you and the place he has you and the purpose he has called you to?" How would you answer this question for yourself?
- Paul learned to be content in all circumstances. What circumstances in your life do you find it most challenging to be content in?
- How might understanding God's providence change your perspective on difficult situations in your life?

#### **Action Steps:**

- This week, identify one area of your life where you struggle with contentment. Each day, pray specifically about this area, asking God to help you see His purpose and provision.
- Choose a verse about God's faithfulness or provision (such as Philippians 4:19) to memorize this week. Recite it when you feel discontent.
- Practice gratitude by writing down three things you're thankful for each day, focusing on God's sustaining grace in your life.